MARYLAND EXCELS

Daily Schedule Tips

Review the tips for an effective daily schedule.[1] Jot down ideas for adjusting your program's daily schedule to meet the children's individual needs.

Daily Schedule Tips	Ideas for Your Daily Schedule
Activities Offer a balance of free-choice, whole group, and small group activities. Interact with children during free-choice to support learning and development goals (example: social-emotional skills and development). Offer a balance of indoor and outdoor activities to expand children's experiences. Plan activities that build on children's interests. Be flexible enough to take advantage of teachable moments.	
Transitions Use signals to indicate a transition is coming (example: provide a 5-minute warning by sounding a soft tone). Use visual cues so children know what they are expected to do during the transition (example: take pictures of the children doing clean-up tasks; use the pictures later as visual cues). Keep children engaged during transitions by using music, rhythms, movement activities, or transition games. Assign children specific tasks to complete during transitions. This is especially helpful for children who struggle with transitions.	

[1] Adapted from The Ohio State University, Virtual Lab School, https://www.virtuallabschool.org/preschool/learning-environments/lesson-5