

Daily Schedule Tips

Review the tips for an effective daily schedule.¹ Jot down ideas for adjusting your program's daily schedule to meet the children's individual needs.

Daily Schedule Tips	Ideas for Your Daily Schedule
<p>Activities</p> <p>Offer a balance of free-choice, whole group, and small group activities.</p> <p>Interact with children during free-choice to support learning and development goals (example: social-emotional skills and development).</p> <p>Offer a balance of indoor and outdoor activities to expand children's experiences.</p> <p>Plan activities that build on children's interests.</p> <p>Be flexible enough to take advantage of teachable moments.</p>	
<p>Transitions</p> <p>Use signals to indicate a transition is coming (example: provide a 5-minute warning by sounding a soft tone).</p> <p>Use visual cues so children know what they are expected to do during the transition (example: take pictures of the children doing clean-up tasks; use the pictures later as visual cues).</p> <p>Keep children engaged during transitions by using music, rhythms, movement activities, or transition games.</p> <p>Assign children specific tasks to complete during transitions. This is especially helpful for children who struggle with transitions.</p>	

¹ Adapted from The Ohio State University, Virtual Lab School, <https://www.virtuallabschool.org/preschool/learning-environments/lesson-5>