

PLAYGROUND SAFETY SELF ASSESSMENT CHECKLIST

This form is intended as a guide to ensure that the playground is a safe and fun environment for children to play. Use this checklist to observe the entire playground at least once a month. Train all personnel to be alert for hazards and report them promptly. Do not use hazardous equipment until it is repaired!

Date _____












SUPERVISION	YES	NO	DATE REPAIR COMPLETED
Has supervision training been provided for all staff?			
Is adequate supervision and care provided at all times only by individuals who are designated by the operator to provide supervision and care?			
Are activities provided for children that are age appropriate and meet the child's age, needs and capabilities?			
Do staff/child ratios meet the OCC Child Care Center regulations?			
Are children wearing appropriate clothing and appropriate footwear on climbing and moving equipment? Capes, flip-flops, etc. are not recommended.			
FACILITIES			
Are sufficient indoor and outdoor facilities provided to accommodate the number of children?			
Are there 9-12 inch deep resilient ground covers under all swings designed for older children, merry go rounds, slides and climbing or moving equipment?			
Is the resilient surface in place and not compacted?			
If concrete or asphalt is under the equipment, is there an CPSC or ASTM approved manufactured installed playground surfacing product on the surface?			
Is the outdoor play area free of standing water and does it have appropriate drainage?			
Is the space for physical activity large enough to accommodate all children and allow all of them to move safely at the same time?			
Are indoor and outdoor facilities free of hazards so children may participate safely? For example animal feces, broken glass, etc			
Is the outdoor play area free from electrical hazards such as accessible air conditioners, switch boxes, or accessible power lines?			
Are grass, trees and shrubs properly trimmed and maintained?			
Is the outdoor play area free from obstructions (such as tree stumps, roots and rocks) that may interfere with normal play activity?			
Are facilities inspected before activity begins to ensure safety of space and equipment?			
Is play equipment free of openings that could trap a child's head? (Openings should be less than 3.5" in width or more than 9" in width)			
Are there concrete supports below the ground, and are they secure?			
Do the climbing areas prevent children from falling more than their reaching height when standing erect?			
Are the wood timbers not rotting, splitting, splintering, or excessively worn?			













SUPERVISION	YES	NO	DATE REPAIR COMPLETED
Are there ample equipment and supplies provided so each child can participate fully in physical activity?			
Is all equipment maintained and in good repair and is all equipment regularly inspected and repaired or replaced?			
Is an emergency first aid kit readily accessible on the playground at all times?			
Is the equipment free from protrusions that can catch clothing?			
Are portable toys such as tricycles and wagons in good repair?			
Is the equipment free of crush points or shearing actions such as hinges of seesaws and under carriage of revolving equipment?			
Is the fence at least 4 feet high and in good repair. Can gates be secured?			
Is the equipment free from frayed cables, worn ropes, open hooks, or chains that can pinch?			
Is the equipment free from sharp edges, broken parts, pinching actions, loose bolts, or wobbly equipment not properly anchored?			
Are swing seats light weight with no protruding parts?			
Are Preschool children prevented from playing on elementary school playground equipment unless it is designated for preschool age children ages 2-5?			

Comments: _____

Modified from form developed by Dr. Joe L. Frost, Professor of Curriculum and Instruction, University of Texas at Austin

SWIMMING SAFETY SELF-ASSESSMENT for CHILD CARE CENTERS, FAMILY DAY CARE HOMES and BEFORE AND AFTER SCHOOL PROGRAMS

FACILITY NAME:			
<p>Swimming is a fun and healthy. But take precaution at swimming activities to prevent recreational water illnesses, injuries and drowning. The following guidelines help you prepare and provide a safe activity.</p> <ul style="list-style-type: none"> ▶ Complete sections A, B, C and D of the water safety self-assessment: for each swim activity. ▶ Sign and date the water safety self-assessment form and maintain the signed document in the facility records. ▶ Before participating in a swim activity, train facility staff and volunteers so that a person understands the safety risks and rules. ▶ Questions? Please contact MSDE Office of Child Care at: http://marylandpublicschools.org/MSDE/divisions/child_care/licensing_branch 			
A. SWIM SAFETY PLAN			
1. Swimming Activity Date		2. Swimming Activity Time	
3. Public Pool Information		<input type="checkbox"/> Not Applicable	
Public Pool Name		Phone	
Pool Permit Number	<input type="checkbox"/> Yes ▶ Enter Permit #: _____ ▶ Enter Permit Expiration Date: _____		
	<input type="checkbox"/> No  Do not swim at a pool that is not permitted by the Local Health Department		
4. Natural Bathing Place Information		<input type="checkbox"/> Not Applicable	
Natural Bathing Place Name		Phone	
Natural Bathing Place Swim Site Location			
Swimming water sampled or permitted by the Local Health Dept.	<input type="checkbox"/> Yes ▶ Enter Permit #: _____ ▶ Enter Permit Expiration Date: _____		
	<input type="checkbox"/> No  Do not swim at a natural bathing place that is not approved by the Local Health Department		
Beach hazards	<input type="checkbox"/> No	<input type="checkbox"/> Yes or Do Not Know  Do not swim until hazards are identified and eliminated.	
5. Written swimming safety procedures prepared	<input type="checkbox"/> Yes	<input type="checkbox"/> No  Do not swim. Prepare plan.	
6. Program personnel trained in swim safety procedures. Training documented.	<input type="checkbox"/> Yes	<input type="checkbox"/> No  Do not swim. Train staff.	
7. Parent authorization form obtained for each child	<input type="checkbox"/> Yes	<input type="checkbox"/> No  Do not swim. Obtain authorization.	
8. Child behavior rules established	<input type="checkbox"/> Yes	<input type="checkbox"/> No  Do not swim. Establish activity rules.	
B. SWIM SITE SUPERVISION AND DESIGNATED SWIM AREAS			
1. The facility director or the director's designee is present at the swim site supervising the overall activity.	Name		Phone During Activity
	<input type="checkbox"/> No  Do not swim. Provide management supervision at the swim site.		
2. One lifeguard is positioned and on duty for each 50 swimmers or less.	<input type="checkbox"/> Yes	<input type="checkbox"/> No  Do not swim until adequate lifeguard supervision is provided.	
	<input type="checkbox"/> Yes	Number of lifeguards required:	
3. More than one lifeguard is required at this site and is positioned and on duty.	<input type="checkbox"/> Unknown/Not Provided  Do not swim until adequate lifeguard supervision is known and provided.		
4. Appropriate swim areas are established by the facility and aquatic staff.  The areas must be based on the children's swimming ability, age and height with direct and active supervision provided AT ALL TIMES by lifeguards and facility staff	Group	Non-Swimmers	Designated Swim Area
		<input type="checkbox"/>	
		<input type="checkbox"/>	
		<input type="checkbox"/>	

to prohibit a non-swimmer from entering water chest deep or deeper.		Swimmers	
		<input type="checkbox"/>	
5. In addition to lifeguards, the facility staff are positioned at each designated swim area and are supervising children in the water as required by State regulations.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	 Do not swim until adequate supervision is provided.
6. In addition to lifeguards, the facility staff directly supervises a non-swimmer child who is allowed in water chest deep or deeper at the ratio of one adult to 1 non-swimmer child.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	 Do not swim until adequate supervision is provided.
7. Children who are not swimming and are at the swim site are supervised by facility staff according to State regulation.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	 Do not allow child to swim until safeguards are in place.
8. A special needs child is supervised and accommodated according to the established care plan.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	 Do not swim until supervision is provided.
9. Two persons certified in CPR (age-appropriate) and First Aid; <i>The individuals may be facility personnel or aquatic staff.</i>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	 Do not swim until first aid personnel are provided.
C. SWIM PROCEDURES			
1. First visit: The lifeguard or aquatic manager discusses the swim site rules with children and facility staff before children enter the water.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	 Do not swim until the rules are discussed.
2. Before allowing a child in water chest deep or deeper, swimmers are tested for swimming skills by the lifeguard on site . <input type="checkbox"/> Not Applicable, Children restricted to shallow water.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	 Children who are not tested by the lifeguard on site must be classified a non-swimmer and is not allowed in water chest deep or deeper.
3. First visit: The facility's safety procedures are practiced at the swim site.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	 Do not swim until safety procedures are practiced.
4. The provider can quickly account for all children during a swim activity.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	 Do not swim; Establish procedure.
5. Swimmer rest periods and bathroom breaks are scheduled.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	 Do not swim until scheduled.
6. Facility personnel remove children who are not following rules from the water.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	 Do not allow child to swim until distraction is eliminated.
D. BARRIER			
1. A barrier prevents a child from getting over, under or through the fence gaining access to water. Public Pool: Barrier includes wading pool separation from main pool with fence and self-closing gate. Natural Bathing Place: Instead of barrier enhanced safety procedures and supervision must be provided by on-site facility staff restricting activity to safest area.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	 Do not swim until the hazard is eliminated.
E. COMMENTS			
Facility Director or Designee's Signature		Date	

4/2008

FIRST AID SUPPLY LIST

REQUIRED ITEM	USE TO
Band Aids (assorted sizes)	To cover and protect cuts or open wounds.
Flashlight (operable, may be small)	To check eyes, inside nose, throat and ears.
Gauze pads (2"x2" or 4"x4")	To clean, cover and protect cuts or open wounds.
Gauze pad (large, thick size) or sanitary napkin	To control bleeding or cover large wounds.
Gauze, flexible rolls (2 rolls)	To hold gauze bandages in place.
Gloves (disposable vinyl-latex gloves are acceptable, but they may cause a skin reaction for the wearer)	To protect person administering aid.
Ice Bag or Chemical Ice Pack	To control swelling when filled or activated.
Paper Towels	To clean up spills (then discard).
Pocket mask/Face shield for CPR	To perform rescue breathing during CPR.
Safety Pins	To secure sling in place.
Scissors (blunt tip)	To cut gauze and bandages to size.
Soap (liquid, fragrance-free)	To clean injured area.
Tape (hypo-allergenic)	To hold gauze bandages to size.
Thermometer (non-glass, non-mercury) or fever strip	To take body temperature. Do not take rectally.
Triangular bandage (pre-made or 40"x40"x64" piece of clean cotton cloth)	To immobilize body parts as a sling or a tie for a splint; To hold dressing on large wounds.
Tweezers	To remove splinters.
Wash cloths (disposable)	To clean injured area.
<p>If you suspect that a child has been poisoned, call Poison Control immediately! Follow all instructions given by Poison Control. Do not induce vomiting unless instructed to do so by Poison Control. POISON CONTROL: 410 529-7701 (Metropolitan Baltimore) or 1-800-222-1222 (Maryland only, toll-free)</p>	

Note: First aid supplies are to be kept in a location which is convenient and easily accessible. All first aid items are to be maintained in a sufficient quantity for the size of the child care program. First aid supplies are to be available at the child care facility and on all field trips.

Recommended Additional Items:

- Coins for emergency phone calls or cell phone
- Pen/pencil and note pad for recording emergency events for use on field trips
- Splints (metal or plastic)
- Emergency medication for children with special needs (as approved and provided by parents)
- Purchased bottled water (replace once opened)