

MARYLAND EXCELS  
Reflect, Observe, and Plan

Part 1: Reflect

Use the reflection questions to think about a recent lesson or activity you planned and delivered.

Part 2: Observe

Select a child to observe at different times throughout the day. Jot down notes about what the child says and does. Consider observing the same child on different days to see if you observe patterns or notice any differences.

Part 3: Plan

Use your observations to adjust your next planned lesson or activity.

<b>Part 1: Reflect</b>	<b>Notes</b>
Why were these activities chosen?  How did you know these activities were appropriate for the children?  How did you know the children would be able to complete the activities?  Did any children need help during an activity? If so, how did you accommodate the activity to support this child?  If you repeated this activity, what changes would you make the next time, if any?	
<b>Part 2: Observe</b>	<b>Notes</b>
Child's Name: Date: Activity/Time of Day:	

<b>Part 3: Plan</b>	<b>Notes</b>
<p>Think about what you observed.</p> <p>What activities seemed to be the most interesting to the child? How can you use the child's areas of interest in your planning?</p> <p>What activities did the child choose? How can you use these activities in future plans?</p> <p>What activities seemed to be the most engaging to the child?</p> <p>What did you notice about the child's strengths and areas of interest?</p> <p>What kind of activities did the child avoid, if any?</p> <p>In what areas does the child seem more challenged? What goals would you set for the child?</p> <p>What materials or supports might be helpful to support the child?</p> <p>How does this child interact with other children and other adults? Can you use peer learning in some of your future activities?</p> <p>Use your observations to plan your next activity or lesson.</p>	